

Second-Level Retreat



Mount St. Anne's Retreat & Conference Centre,
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Re: School Retreats 2016/2017

Dear Principal/Teacher/Chaplain,

My name is Marie Manley and in January 2014 I was appointed as the Retreat Team Leader here in Mount St. Anne's Retreat Centre.

Since my appointment I have assessed and renewed our Retreat Programme for students based on suggestions from them, and I am pleased to say that our new programme is receiving fantastic feedback. Each member of the retreat team works with the sincere intention of making the day relevant and meaningful for every student. We strive through our programme to both challenge and affirm them in their life's journey.

In 2013 the Retreat Centre was fully refurbished and extended, with spacious, bright interiors and open grounds accessible to all. If you come along to Mount St. Anne's, you will find yourself in a peaceful environment of natural beauty and simplicity.

If you have any questions regarding a school retreat please don't hesitate to contact me.

Rath Dé oraibh go léir.

Yours sincerely,

Mrs. Marie Manley Smith
Team Leader

Who We Are

Mount St. Anne's is a Retreat and Conference Centre in the tradition of the Catholic faith and that of Nano Nagle and the Presentation Sisters. It is situated in the heart of the countryside set in 30 acres of mature lawns, serene pasture and woodlands. We are located 5 minutes from Monasterevin and 20 minutes from Portlaoise, easily accessed from the M7.

Here in Mount St. Anne's we are a faith community; fostering faith among children, youth and adults is a part of our role. Approximately ten thousand people pass through our doors each year. Many have come to Mount St. Anne's and gone home, refreshed and renewed with energy to make a fresh start; Many too, have experienced a new depth of consolation and challenge arising from their faith.



Time spent in Secondary school is an important stage of growth in a young person's life and faith journey. Here in Mount St. Anne's, we have developed and revised our Secondary School retreat programme in order to creatively engage and capture the students imagination. We use various modes of reflection and discussion which incorporate art, meditation, music and prayer, with the aim of nurturing faith and hope within our young people. We recognize the uniqueness of each student and we strive to enable him/her to be aware of God's unconditional love. Together we try to develop gospel values of understanding and compassion. We have developed extremely relevant themes for each school year, including: transition/new beginnings, friendship, bullying, balance, the authentic self, journey of life and faith.



The School Team

The retreat team is composed of Religious and lay colleagues, who have immense experience in working with young people in a professional and non-judgmental manner.

Important Information

- 1st Year, 2nd Year, 3rd Year: Time: 10am-3pm.
- TY, 5th Year, 6th Year: Time: 10am-4pm.
- Cost: €15 (€12 if Team visit the school)
- A deposit of €10 per student is required.
- Please bring packed lunches.
- Bring comfortable clothing including suitable coats and footwear for outdoors.
- Tea, coffee and biscuits provided.
- We welcome musical instruments.
- Secondary retreats take place from Monday to Friday.





Some Comments of Past Students

*"It deepened my faith in God
and made me look at people
in a better light. "*

*"Meditation was my favourite part.
It is the first time I have relaxed in
a long time."*

*"The leaders were all so
kind and caring."*

*"I will remember this day
for the rest of my life."*



*“If I could be of service to anyone, in any part of the globe,
I would willingly do all in my power.”*

- Nano Nagle